





EVIDENCE BASED

Free Parent Program



ENVISAGE is a peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodiverse.

The program is designed to help you:

- Feel more **confident and competent** in making decisions for your family
- Discover **practical**, **evidence-based strategies** to help you better understand and advocate for your child's needs.
- Connect with others who may be on similar journeys and share experiences

How does the program work?

All workshops are **interactive**, combining presentations with in-depth group discussions and practical exercises.



4 x Weekly Workshop Sessions



Up to 90 mins per workshop *Workshop Four is 3 hours*



Facilitated by a qualified health professional and a parent peer



No cost to you. Your child does not need a NDIS plan or diagnosis to participate.

Upcoming online program



Running on Wednesdays 29 May - 19 June (4 Sessions)



10:00am - 11:30am (AEST) *Workshop 4 will be a 3 hour session*



Facilitated by Royal Children's Hospital & ACD



Click here to register

How to register

Scan the QR Code or click here to register for the program







